2025 Everybody Rides - Ride Time Analysis Matrix

NOTE: Rest Stop Times are estimated at **15 minutes**.
Calculations are based on mileage and pace.

5:45 A | **6:00 A** | 6:15 A | 6:30 A | 6:45 A | **7:00 A** | 7:15 A | 7:30 A | 7:45 A | **8:00 A** | 8:15 A | 8:30 A | 8:45 A | **9:00 A** | 9:15 A | 9:30 A | 9:45 A | **10:00** | 10:15 | 10:30 | 10:45 | **11:00** | 11:15 | 11:30 | 11:45 | **12:00** | 12:15 | 12:30 | 12:45 | **1:00 P** | 1:15 P | 1:30 P | 1:45 P

62 Mile Registration Opens

46 Mile Registration Opens

29 Mile Registration Opens

NOTE: ROUTE CLOSES AT 11:00
Please plan your route accordingly.
At 11:00 reststops and SAG support will end.

EVENT ENDS 1:30

Number of Rest Stops & Mileage	Pace - (mph)	
29 Mile	(1) at 17.3 miles	**15 mph** — 2.2 hrs.
		3.75 | 7.5 | 11.25 | **15** | 19 | **23** | 26 | 30 — **29.9**
		1st half of Blue - 17.3 | 2nd Half of Blue
		3.75 | 7.5 | 11.25 | **15** | 19 | **23** | 26 | 30 — **29.9**
		1st half of Blue - 17.3 | 2nd Half of Blue
		3.75 | 7.5 | 11.25 | **15** | 19 | **23** | 26 | 30 — **29.9**
		1st half of Blue - 17.3 | 2nd Half of Blue
		3.75 | 7.5 | 11.25 | **15** | 19 | **23** | 26 | 30 — **29.9**
		1st half of Blue - 17.3 | 2nd Half of Blue
		3.75 | 7.5 | 11.25 | **15** | 19 | **23** | 26 | 30 — **29.9**
		1st half of Blue - 17.3 | 2nd Half of Blue
		Not feasible due to Course times.
		12 mph — 2.7 hrs.
		3 | 6 | 9 | 12 | **15** | 18 | 21 | 24 | 27 — **29.9**
		1st half of Blue - 17.3 | 2nd Half of Blue
		3 | 6 | 9 | 12 | **15** | 18 | 21 | 24 | 27 — **29.9**
		1st half of Blue - 17.3 | 2nd Half of Blue
		3 | 6 | 9 | 12 | **15** | 18 | 21 | 24 | 27 — **29.9**
		1st half of Blue - 17.3 | 2nd Half of Blue
		3 | 6 | 9 | 12 | **15** | 18 | 21 | 24 | 27 — **29.9**
		1st half of Blue - 17.3 | 2nd Half of Blue
		Not feasible due to Course times.
		10 mph — 3.2 hrs.
		2.5 | 5 | 7.5 | 10 | 13 | **15** | 18 | 20 | 23 | 25 | 28 — **29.9**
		1st half of Blue - 17.3 | 2nd Half of Blue
		2.5 | 5 | 7.5 | 10 | 13 | **15** | 18 | 20 | 23 | 25 | 28 — **29.9**
		1st half of Blue - 17.3 | 2nd Half of Blue
		2.5 | 5 | 7.5 | 10 | 13 | **15** | 18 | 20 | 23 | 25 | 28 — **29.9**
		1st half of Blue - 17.3 | 2nd Half of Blue
		2.5 | 5 | 7.5 | 10 | 13 | **15** | 18 | 20 | 23 | 25 | 28 — **29.9**
		1st half of Blue - 17.3 | 2nd Half of Blue
		Not feasible due to Course times.

6:00 AM | 7:00 AM | 8:00 AM | 9:00 AM | 10:00 AM | 11:00 AM | 12:00 PM | 1:00 PM

46 Mile	(2) at 17.3 & 32.65 miles	**20 mph** — 2.8 hrs.	
		5 | 10 | **15** | 20 | 25 | **30** | 35 | 40 | 45 — **45.2**	
		1st half of Blue - 17.3 | Green - 15.3 | 2nd Half of Blue	
		5 | 10 | **15** | 20 | 25 | **30** | 35 | 40 | 45 — **45.2**	
		1st half of Blue - 17.3 | Green - 15.3 | 2nd Half of Blue	
		5 | 10 | **15** | 20 | 25 | **30** | 35 | 40 | 45 — **45.2**	
		1st half of Blue - 17.3 | Green - 15.3 | 2nd Half of Blue	
		5 | 10 | **15** | 20 | 25 | **30** | 35 | 40 | 45 — **45.2**	
		1st half of Blue - 17.3 | Green - 15.3 | 2nd Half of Blue	
		Not feasible due to Course times.	
		15 mph — 3.5 hrs.	
		3.8 | 7.5 | 11.25 | **15** | 19 | 23 | 26 | **30** | 34 | 38 | 41 | 45 — **45.2**	
		1st half of Blue - 17.3 | Green - 15.3 | 2nd Half of Blue	
		3.8 | 7.5 | 11.25 | **15** | 19 | 23 | 26 | **30** | 34 | 38 | 41 | 45 — **45.2**	
		1st half of Blue - 17.3 | Green - 15.3 | 2nd Half of Blue	
		3.8 | 7.5 | 11.25 | **15** | 19 | 23 | 26 | **30** | 34 | 38 | 41 | 45 — **45.2**	
		1st half of Blue - 17.3 | Green - 15.3 | 2nd Half of Blue	
		Not feasible due to Course times.	
		10 mph — 5.0 hrs.	
		2.5 | 5 | 7.5 | 10 | 12.5 | **15** | 17.5 | 20 | 23 | 25 | 28 | **30** | 33 | 35 | **38** | 40 | 43 — **45.2**	
		1st half of Blue - 17.3 | Green - 15.3 | 2nd Half of Blue	
		2.5 | 5 | 7.5 | 10 | 12.5 | **15** | 17.5 | 20 | 23 | 25 | 28 | **30** | 33 | 35 | **38** | 40 | 43 — **45.2**	
		1st half of Blue - 17.3 | Green - 15.3 | 2nd Half of Blue	
		Not feasible due to Course times.	

6:00 AM | 7:00 AM | 8:00 AM | 9:00 AM | 10:00 AM | 11:00 AM | 12:00 PM | 1:00 PM

62 Mile	(3) at 17.3, 34.2, & 49.5 miles	**20 mph** — 3.9 hrs.	
		5 | 10 | **15** | 20 | 25 | 30 | **35** | 40 | 45 | **50** | 55 | 60 — **62.2**	
		1st half of Blue - 17.3 | Yellow - 16.7 | Green - 15.4 | 2nd half of Blue - 12.6	
		5 | 10 | **15** | 20 | 25 | 30 | **35** | 40 | 45 | **50** | 55 | 60 — **62.2**	
		1st half of Blue - 17.3 | Yellow - 16.7 | Green - 15.4 | 2nd half of Blue - 12.6	
		5 | 10 | **15** | 20 | 25 | 30 | **35** | 40 | 45 | **50** | 55 | 60 — **62.2**	
		1st half of Blue - 17.3 | Yellow - 16.7 | Green - 15.4 | 2nd half of Blue - 12.6	
		Not feasible due to Course times	
		15 mph — 4.9 hrs.	
		3.75 | 7.5 | 11.25 | **15** | 19 | 23 | 26 | 30 | **34** | 38 | 41 | 45 | **49** | 53 | 56 | 60 — **62.2**	
		1st half of Blue - 17.3 | Yellow - 16.7 | Green - 15.4 | 2nd half of Blue - 12.6	
		3.75 | 7.5 | 11.25 | **15** | 19 | 23 | 26 | 30 | **34** | 38 | 41 | 45 | **49** | 53 | 56 | 60 — **62.2**	
		1st half of Blue - 17.3 | Yellow - 16.7 | Green - 15.4 | 2nd half of Blue - 12.6	
		Not feasible due to Course times	
		13 mph — 5.9 hrs.	
		3.25 | 6.5 | 9.75 | 13 | **16** | 19.5 | 23 | 26 | 29 | **33** | 35.75 | 39 | 42 | 46 | 49 | 52 | 55 | 59 | 62 — **62.2**	
		1st half of Blue - 17.3 | Yellow - 16.7 | Green - 15.4 | 2nd half of Blue - 12.6	
		Not feasible due to Course times	

6:00 AM | 7:00 AM | 8:00 AM | 9:00 AM | 10:00 AM | 11:00 AM | 12:00 PM | 1:00 PM